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VERTICAL HARVEST

Jackson, WY

Vertical Harvest energizes local food systems via hydroponic, vertical, controlled environmental agriculture (CEA) to deliver healthier food and futures. Vertical harvest works with communities to develop underutilized space in urban, underserved neighborhoods, grow “up” on a fraction of the land required by traditional agriculture, while using 85% less water to deliver produce at peak flavor and nutrition, year-round.

Vertical Harvest prioritizes both social impact and profitability, by leveraging a mix of public/private partnerships and operating with a customized, inclusive employment model currently focused on individuals with physical and/or intellectual disabilities. Additionally, they ensure each farm innovates at the intersection of climate, food accessibility and economic inclusivity to leverage food as a medium for change.

The goal is to develop a network of farms that serve locally, support regionally and scale nationally to bring food production closer to home and keep local dollars in-community longer.

The Vertical Harvest Jackson Hole farm is the first hydroponic vertical greenhouse in North America. It has six years of multi-crop growing expertise and distributes to more than 80 groceries and restaurants in 3 states, 365 days a year at the peak of nutritional and taste value. The Jackson Hole farm replaces 100,000 pounds of produce formerly trucked into the community. A virtual tour of the Jackson Hole farm is available for viewing at <https://verticalharvestfarms.com/locations/jackson>.

Source: <https://verticalharvestfarms.com/locations/jackson>



April

World Health Day
April 7, 2024 • *My Health, My Right*

Around the world, the right to health of millions is increasingly coming under threat. Diseases and disasters loom large as causes of death and disability. Conflicts are devastating lives, causing death, pain, hunger and psychological distress. The burning of fossil fuels is simultaneously driving the climate crisis and taking away our right to breathe clean air, with indoor and outdoor air pollution claiming a life every 5 seconds.

This year’s World Health Day theme was chosen to champion the right of everyone, everywhere to have access to quality health services, education, and information, as well as safe drinking water, clean air, good nutrition, quality housing, decent working and environmental conditions, and freedom from discrimination.

Source: <https://www.who.int/news-room/events/detail/2024/04/07/default-calendar/world-health-day-2024-my-health-my-right>



May

Mental Health Month

Where to Start: Mental Health in a Changing World

Mental Health America is proud to have founded Mental Health Month in 1949. Every May, we come together to continue the tradition of promoting awareness, offering vital resources and education, and advocating for the mental health and well-being of everyone.

The world is constantly changing – for better or for worse – and it can be overwhelming to deal with everything going on around you. While society is getting more comfortable discussing mental health, it can still be hard to know “*Where to Start*” when it comes to taking care of your own well-being.

This May, Mental Health America will help you:

- LEARN** how modern life affects mental health with new resources to navigate our changing world.
- ACT** by building your coping toolbox so you can manage stress, difficult emotions, and challenging situations.
- ADVOCATE** to improve mental health for yourself, your friends and family, and your community.

For anyone struggling with the pressure of today's world, feeling alone, or wondering if they can feel better, this is *Where to Start*.

Source: <https://www.mhanational.org/mental-health-month>



June

Alzheimer’s & Brain Awareness Month

Worldwide, more than 55 million people are living with Alzheimer's or another dementia. Join the Alzheimer's Association in *going purple* and raising awareness this June. The more that people know about Alzheimer's, the more action we inspire.

The Longest Day – The Day With the Most Light Is the Day We Fight

On June 21 — the summer solstice — participants fight the darkness of Alzheimer’s and all other dementia through a fundraising activity of their choice on a day that works for them. With sports tournaments, card games, parties, baking and more, participants raise funds to advance the care, support and research efforts of the Alzheimer’s Association. Create your own fundraiser and outshine the darkness of Alzheimer’s. *Start your fundraiser* at <https://www.alz.org>.

Be part of the gallery by *sharing a photo* on Instagram or Twitter using the hashtag #ENDALZ. Follow the Alzheimer’s Association at @alzassociation to stay tuned in to all the ways you can take action in June.

For the first time, we have treatments that can change the course of Alzheimer’s. While this is a tremendous step forward, our work is far from done. We won’t rest until everyone living with the disease – at any stage – can get the treatment, care, and support they need and deserve.

Source: <https://www.alz.org>

Wyoming Assistive Technology Resources (WATR) has a **reuse program** that provides networking opportunities for individuals to exchange, sell, and recycle/reuse lightly-used assistive technology throughout the state of Wyoming. All sale profits allow WATR to buy, update, and maintain new devices.

Reuse is an opportunity to buy, sell, or donate lightly-used assistive technology at affordable prices. The available devices are generally listed at low or no-cost to you.

WATR's assistive technology that is available for reuse is listed on the **Wyoming AT4ALL** website. When you create an account with AT4ALL, you can easily browse and purchase items or regularly see what new items are listed.

Wyoming AT4ALL offers you an opportunity to search devices and programs available for loan

through the WATR program. You can also list any items you may wish to sell or donate for others' use. Once you have set up an account, you can browse the available equipment and view pictures and features of each item.

To view available items, visit Wyoming AT4ALL, select "Advanced Search" and under the "All Types" drop down menu, select "Sale" and begin your search.

Any person, agency, service provider, or family member who resides in Wyoming can view and purchase items listed on AT4ALL. Items available include: communication devices, learning aids for children and adults, computer accessories, books, games, and more.

For more information, contact WATR staff at (307) 766-6187 or watr@uwyo.edu.

Source: <https://www.uwyo.edu/wind/watr/reuse/index.html>

Accepting Lightly-Used Technology in Reuse

Do you have some lightly-used assistive technology that you would like to donate to Wyoming Assistive Technology Resources (WATR) for reuse? The WATR Reuse Program is looking for lightly-used assistive technology to make available to others who could benefit from the use of those devices or technologies in their daily lives.

Visit the WATR reuse website <https://www.uwyo.edu/wind/watr/reuse/donate.html> to complete the online donation form and provide more information about what lightly-used assistive technology you are wanting to donate. If you have any questions, please call (307) 766-2051.

Events Around Wyoming



MISSION STATEMENT

To establish, expand, protect, and enforce the human and civil rights of persons with disabilities through administrative, legal, and other appropriate remedies.

CONTACT US

Protection & Advocacy System, Inc.

7344 Stockman Street
Cheyenne, WY 82009
307.632.3496 voice or relay
800.625.7648 clients only
307.638.0815 fax
www.wypanda.com

Dementia on the Road Bringing Dementia Education and Resources to YOU!

The Wyoming Center on Aging is bringing dementia education to an area near you. Each session offers regional experts and panel presentations on dementia as well as opportunities for resource networking. Vendor opportunities are available to showcase your resources.

- No charge to attend
- RSVP requested
- In-person only
- Lunch provided
- Share and connect
- All are welcome

2024 LOCATIONS

Pinedale

Monday, June 10th
9am-1pm
Rendezvous Pointe
425 E Magnolia

Jackson

Tuesday, June 11th
9am-1pm
Senior Center of Jackson Hold
830 E Hanson

Dubois

Wednesday, June 12th
9am-1pm
Headwaters Arts and Conference Center
20 Stalnaker Street

Visit https://www.uwyo.edu/wycoa/educational_and_training_opportunities/dementia-on-the-road.html to RSVP your attendance or vendor resource! For more information contact the Wyoming Center on Aging at (307) 766-2829 or wycoa@uwyo.edu.

Seizure First Aid Training Online Wyoming Session Wednesday, April 24th 4-5:30pm

Everyone should have the knowledge and confidence to provide first aid to someone having a seizure.

Now available to all Wyoming residents, this 90-minute Seizure Recognition and First Aid Certification is a formal training offered by the Epilepsy Foundation of Colorado and Wyoming.

This training is designed for anyone who wants to know:

- How to recognize a seizure
- How to respond with proper seizure first aid
- When to call for help

Visit <https://www.uwyo.edu/wind/epilepsy/seizure-training.html> to register or for more information.

Wyoming Developmental Disabilities Conference

MOVING TO SEPTEMBER!

September 18-20, 2024

Red Lion Hotel & Conference Center
Cheyenne, WY

Annual PIC Conference

September 21, 2024

Little America
Cheyenne, WY
8am – 5pm