

this issue

- P.1 World Hearing Day
- P.2 Developmental Disabilities Month
- P.3 Seizure and First Aid Training
- P.4 Keith A. Miller Award

this month

- March 3
World Hearing Day
- March 21
World Down Syndrome Day
- March 26
Epilepsy Awareness Day



WORLD HEARING DAY 2023

Ear and Hearing Care For All
Let's Make It a Reality

World Hearing Day 2023 - March 3rd - highlights the importance of integrating ear and hearing care with primary care, as an essential component of universal health coverage. Ear and hearing problems are among the most common problems in the community. Over 60% if these can be identified and addressed at the primary care level. Such integration will benefit people and help countries move towards the goal of universal health coverage.

In effort to call attention of primary level health care providers (health workers and physicians) towards the needs of people with hearing loss and ear disease, the World Health Organization (WHO) will launch a new training manual - **Primary Ear and Hearing Care Training Manual** - which will be accompanied with a trainer's handbook and other community resources to guide primary care providers in the prevention, identification, and management of hearing loss and common ear diseases that lead to hearing loss.

The World Hearing Day campaign also seeks to inform people about the importance of ear and hearing care and encourage them to seek services. More than 1 billion young people (12-35 years old) are at risk for hearing loss due to recreational exposure to loud sound and more than 5% of the global population lives with hearing loss.

Continued on Page 3

-
- Multiple Sclerosis Awareness Month
 - National Brain Injury Awareness Month
 - National Cerebral Palsy Awareness Month
 - Developmental Disabilities Awareness Month

Celebrate

Developmental Disabilities Awareness Month

In 1987, Ronald Reagan proclaimed March “**Developmental Disabilities Awareness Month**” and called upon Americans to provide the “encouragement and opportunities” necessary for people with developmental disabilities to “lead productive lives and to achieve their full potential.”

According to the CDC, developmental disabilities are a group of conditions due to an impairment in physical, learning, language, or behavior areas. Developmental disabilities generally begin early in life and are typically lifelong conditions that affect a person’s ability to function day-to-day.

Source: <https://www.reaganlibrary.gov/>

Source: <https://www.cdc.gov/ncbddd/developmentaldisabilities/>

Wyoming Disability Awareness Walk

Frontier Mall
March 4, 2023
10:00 a.m.

March is Disability Awareness Month!
Each year, Magic City Enterprises hosts the
Disability Awareness Walk to promote
awareness of individuals with disabilities.

Free t-shirts and refreshments will be provided
to walkers. Meet inside Frontier Mall in front of JCPenney
between 9:00 a.m. and 10:00 a.m.
on Saturday, March 4, 2023, and be ready
to walk for awareness.

Invitation

The Wyoming Governor’s Council on
Developmental Disabilities *invites you*
to two events in March in celebration of
Developmental Disabilities Awareness Month.
Both events are open to the public at no cost.

Developmental Disabilities Awareness Month Luncheon

March 17, 2023
11:30am-2:30pm

Little America Hotel
2800 W. Lincolnway
Cheyenne, WY

Presentation by the **Legislative Service Office**.
Resource Exhibition to follow the presentation.

Register by March 10th at
www.wgodd.wyo.gov.

Developmental Disabilities Awareness Month Artists’ Gala

March 25, 2023
5:00-8:00pm

The Metropolitan Downtown
1701 Carey Avenue
Cheyenne, WY

Master of Ceremonies: **Magician Byron Grey**
Special Guest: **Cody Clark Magic**

Register at www.wgodd.wyo.gov.



Seizure and First Aid Training

The Epilepsy Foundation of Colorado and Wyoming will host virtual Seizure First Aid Training courses in 2023. Everyone should have the knowledge and confidence to provide first aid to someone having a seizure.

Seizure Recognition and First Aid Certification

Course Dates: April 19 or August 2; 4:00-5:30 p.m.

This course teaches how to recognize different types of seizures, respond with appropriate first aid, and understand when to call for additional help and is open to all Wyoming residents. To register, visit the Epilepsy Foundation's registration page at <https://p2p.onecause.com/sfa>.

Seizure Training for School Nurses: Caring for Students

Course Dates: April 27 or September 21; 3:00-6:00 p.m.

This course is instructed by a "PA-C" at Children's Hospital in Denver and teaches seizure first aid with a focus on creating a safer environment for children living with seizure disorders. CNE Credits and Certification of Completion is available for participants. To register, visit the Epilepsy Foundation's registration page at <https://p2p.onecause.com/sfa>.

Seizure Training for School Personnel

Course Offered On Demand

This training is offered on demand and is designed for people who work with children and youth in school settings. The program provides an overview of seizures and epilepsy, seizure first aid, seizure action plans, rescue therapies, seizure emergencies and how to support students in school settings. This course is appropriate for school nurses, teachers, aides, coaches, administrators, and anyone who works in a school setting. To access the on demand course, visit <https://learn.epilepsy.com/courses/school-personnel-OD-v2> and click on "Start On Demand Course."

For more information about these events contact Marc Homer at 307-763-5965 or marc@epilepsycolorado.org.

World Hearing Day

Continued from Page 1

WHO launched the Make Listening Safe initiative in 2015 to combat unsafe recreational listening practices. Make Listening Safe aims to realize a world where people of all ages can enjoy recreational listening without risk to their hearing. The approach of this initiative is to change listening practices and behaviors through raised awareness about the need for and means of safe listening and the implementation of evidence-based standards that can facilitate behavior change in target population groups. WHO creates standards that outline safe listening features for a variety of situations where unsafe practices are common including global standards for safe listening devices and systems and global standards for safe listening venues and events. WHO also increases awareness by developing and disseminating evidence-based materials for safe listening and invests in research of safe listening practices in collaboration with global partners.



WHO suggests the following tips for healthy ears:

- do** use earplugs in noisy places;
- do** check your hearing regularly;
- do** wear your hearing aids regularly, as advised;
- do** see a doctor if you have ear or hearing problems;
- don't** put cotton buds, oil, sticks or pins inside your ears;
- don't** swim or wash in dirty water;
- don't** share earphones or earplugs;
- and **don't** listen to loud sounds or loud music.

For more information and tips on ear and hearing care visit www.who.int.

Source: <https://www.who.int/campaigns/world-hearing-day>

Rocky Mountain Conference on Dementia

March 2, 2023 | 8:30am-4:00pm

Virtual

The Alzheimer's Association of Colorado presents a premiere conference on dementia which offers a full day of online sessions on a variety of topics to assist anyone touched by dementia, professionally or personally.

Registration is free and open to everyone.

Register by calling 800-272-3900 or by visiting <https://www.alz.org/co>.

AWARD NOMINATIONS

The *Wyoming Institute for Disabilities* is now accepting nominations for the **2023 Keith A. Miller Award**. This award supports and recognizes those who are committed to enhancing the lives of people with disabilities and is presented annually to a person who makes a powerful difference in the lives of people with developmental disabilities in any way.

Qualities to consider in potential nominees include: dedicated volunteer work; exceptional service on committees, panels, non-profits, or agencies; key leadership in advocacy for people with disabilities; notable accomplishments impacting policy or systems at local, state or national levels; extraordinary family members and/or caregivers; visible and strong leaders and volunteers in Wyoming; and any other exemplary commitment to improving services, opportunities, or experiences for people with disabilities.

Nominations can be submitted at <https://www.uwyo.edu/wind/award> and are due by April 17, 2023.



MISSION STATEMENT

To establish, expand, protect, and enforce the human and civil rights of persons with disabilities through administrative, legal, and other appropriate remedies.

CONTACT US

Protection & Advocacy
System, Inc.

7344 Stockman Street
Cheyenne, WY 82009
307.632.3496 voice or relay
800.625.7648 clients only
307.638.0815 fax
www.wypanda.com

PIC Annual Conference—Lasso the Moon

April 28-29, 2023

Casper, Wyoming | Ramkota Hotel

Featuring

Karen Meyer

Comedian & Special Education Expert

Jordan Toma

Motivational Speaker/Author of *I Am Just A Kid with an IEP*

Parents who have a child with a disability, teens struggling in school, and educators are encouraged to attend for two days of learning and laughter!

Registration cost is \$50 and includes lunch and snacks. Hotel stay is not included. Ask for the "PIC conference block" to get a discounted room rate.

Scholarships may be available. Visit www.wpic.org for more information.

SAVE THE DATE